Trade your trips to the gym for a vacation to paradise.





# Humana Vitality\_

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Humana Vitality

#### With HumanaVitality,® good health is so rewarding.

When you make a healthy decision, feeling good is not your only reward. Healthy decisions are rewarded with things like gift cards, hotel stays, movie tickets, and more. So starting today, make a change. Eat an apple instead of a cookie. Ride your bike to the store instead of taking the car. And get that health checkup you've been meaning to. Starting today, take the first step toward living a healthier life by taking advantage of HumanaVitality. Find out more at livingwell.ky.gov.







HumanaVitality is not an insurance product. HumanaVitality is only available to covered KEHP members. Members must be in Bronze Vitality Status<sup>TM</sup> or higher to redeem Vitality Bucks. Your plan is administered by Humana Insurance Company.

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